

POST MIFEPREX INSTRUCTIONS

If you have a problem, concern, or question that you feel requires immediate attention after office hours, call 1-800-221-3988. Our answering service will page the person on call and we will call you back.

You have received a medication called Mifeprex. Mifeprex works by blocking the hormones necessary to continue the pregnancy, causing the pregnancy to detach from the wall of your uterus. Side effects are rare and could include vaginal bleeding and passing clots, cramps in the lower abdominal area and/or pain, nausea, vomiting, diarrhea, chills, fever, fatigue and dizziness.

WHAT **NOT** TO DO UNTIL YOUR NEXT VISIT

- **DON'T** take aspirin. You may take Tylenol, Advil, Motrin, Aleve or ibuprofen.
- **DON'T** take baths or go swimming. Take showers instead.
- **DON'T** have sexual intercourse.
- **DON'T** use tampons or douche. Use pads until your second visit.

If your pregnancy continues after you use Mifeprex, the fetus is likely to have birth defects. Therefore, **it is extremely important that you continue with the next step of the process.** In 6 to 48 hours, you must insert the misoprostol tablets into your vagina in order to complete the abortion.

HOW TO PREPARE FOR INSERTING YOUR VAGINAL SUPPOSITORIES

- Eat lightly. Avoid rich, spicy, or fried foods.
- Do not use alcohol or drugs.
- Fill your prescription for the pain medication.
- Have sanitary pads and ibuprofen on hand.